



IC Memorandum 15-06

To: KEHP Insurance Coordinators (ICs)
From: Department of Employee Insurance (DEI)
Re: KEHP's LivingWell Promise Regional Biometric Screening Locations
Date: February 3, 2015

Commonwealth of Kentucky
Personnel Cabinet
Department of Employee Insurance
2nd Floor, State Office Building
501 High Street
Frankfort, Kentucky 40601
Website kehpn.ky.gov

A LivingWell Promise biometric screening regional event may be coming to your area! Please check [here](#) for the event locations near your area.

Regional events are scheduled from February – April to assist members in completing their LivingWell Promise by May 1. At these regional events, members can get their Vitality Check (biometric screening) and receive help completing their online Health Assessment.

Follow two easy steps!

STEP 1: RESERVE A SPOT

- ✓ Appointments are required. Find an event and make your appointment [here](#) or call (888) 708-8807 ext. 1. Use the screening key HWS13. Space is limited! **Registration closes seven days prior to the event.** Most events begin at 7:30 AM (local time) and end at 11:30 AM.

STEP 2: ATTEND THE EVENT

- ✓ Fast for at least nine hours prior to your appointment.
- ✓ Bring your HumanaVitality ID card and a photo ID.

Note: The biometric screening (called a Vitality Check) consists of a finger prick to measure your cholesterol and blood glucose, blood pressure check, and height, weight, and waist circumference measurements. It takes approximately 5 minutes to complete.

For questions about an event contact eHealth at (888) 708-8807 ext. 1.

For general questions about HumanaVitality call (855) 478-1623.

See [IC Memo 15-05](#) for instructions to schedule a worksite Vitality Check at your location.

